



October 13, 2018, 8:00 a.m. – 4:00 p.m.
Managing Frustration, Anxiety and Teaching Social Skills
with Jed Baker Ph.D.

Schedule

7:45 a.m. – 8:30 a.m.	Registration and breakfast
8:30 a.m. – 10:15 a.m.	Creating prevention plans to reduce anxiety and frustration
10:15 a.m. – 10:30 a.m.	Break
10:30 a.m. – 11:30 a.m.	Creating prevention plans to reduce anxiety and frustration part 2
11:30 p.m. – 12:30 p.m.	Lunch
12:30 p.m. – 2:00 p.m.	Ways to teach social skills
2:00 p.m. – 2:30 p.m.	Strategies to motivate students to learn
2:30 p.m. – 2:45 p.m.	Break
2:45 p.m. – 3:45 p.m.	Generalizing skills and increasing tolerance from peers
3:45 p.m. – 4:00 p.m.	Wrap up and questions

Outcome objectives

1. Understand how best to think about challenging behaviors to insure better outcomes.
2. Learn strategies to deal effectively with anxiety and frustration; both to deescalate and prevent meltdowns.
3. Identify ways to motivate verbal and non-verbal students to want to socialize.
4. Learn how to choose effective strategies for teaching and generalizing skills.
5. Create programs for typical peers to accept students with disabilities, reduce bullying and model positive behaviors.

Biography

Jed Baker, Ph.D. is the director of the Social Skills Training Project, an organization serving individuals with autism and social communication problems. He is on the professional advisory board of Autism Today, ASPEN, ANSWER, YAI, the Kelberman Center and several other autism organizations. In addition, he writes, lectures, and provides training internationally on the topic of social skills training and managing challenging behaviors. He is an award winning author of 8 books, including *Social Skills Training for Children and Adolescents with Aspergers Syndrome and Social Communication Problems*; *Preparing for Life: The Complete Handbook for the Transition to Adulthood for Those with Autism and Aspergers Syndrome*; *The Social Skills Picture Book*; *The Social Skills Picture Book for High School and Beyond*; *No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior*; *No More Victims: Protecting those with Autism from Cyber Bullying, Internet Predators & Scams*; *Overcoming Anxiety in Children and Teens*; and *School Shadow Guidelines*. His work has also been featured on ABC World News, Nightline, Fox News, the CBS Early Show, and the Discovery Health Channel.



Space is limited – first come, first served!

Register on the Professional Development Management System (PDMS) through the Identity Management System (IMS) and return the attached registration form to the Sussex Consortium (SC). For those who do not have an IMS account, the registration form is available on the SC website

<https://de02211722.schoolwires.net/site/handlers/filedownload.ashx?moduleinstanceid=4939&dataid=7254&FileName=MatC 2018 - Brochure-1.pdf>

Registration fees are non-refundable.

On or before September 14	\$130.00
September 15 through October 12	\$150.00

Delaware Autism Program and Cape Henlopen School District staff registration is ½ price if registered on or before September 14th.

*Clock hours are also available for DEEDS

Location: Irish Eyes
213 Anglers Road
Lewes, DE 19958




Check-in opens at 7:45.

Breakfast and lunch will be served.

Dietary accommodations available upon request on the registration form.

APPROVED PROVIDER



The Delaware Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Continuing Education Units (CEU) are cosponsored by the Delaware Speech-Language-Hearing Association (DSHA).

This course is offered for 0.6 ASHA CEUs (introductory level; professional area).



Continuing Education Credits are sponsored by the Maryland Association for Behavior Analysis. The Maryland Association for Behavior Analysis is a Type 2 ACE Provider for the Behavior Analyst Certification Board™.

The State of Delaware Board of Occupational Therapy Practice will offer 6 Continuing Education Units (CEU) for Delaware Licensed Occupational Therapist and Occupational Therapist Assistant (COTA)

DISCLOSURE: The Committee planners would like to disclose they are all professionals within the educational realm who work with students with autism. Jed Baker would like to disclose that he is receiving honorarium for his presentation, which includes speaker fee and travel reimbursement. He has no other financial or non-financial information to disclose.

Most at the Coast Registration Form

Early Registration is encouraged.

Return to the Sussex Consortium by September 14, 2018 for advanced registration or October 10, 2018 for regular registration. Payment in full, by check, must accompany this form. This form may be duplicated for additional registrations. Please print in ink or type.

First Name: _____ Last Name: _____

Company, organization, or school district: _____

Email: _____

Address: _____ City: _____

State: _____ Zip Code: _____

Phone: _____

Occupation (please select the one that best describes your position):

- | | | |
|--|---|--|
| <input type="checkbox"/> Administrator | <input type="checkbox"/> Parent | <input type="checkbox"/> Family Member |
| <input type="checkbox"/> Student | <input type="checkbox"/> General educator | <input type="checkbox"/> Special educator |
| <input type="checkbox"/> Paraeducator | <input type="checkbox"/> School psychologist | <input type="checkbox"/> Clinical psychologist |
| <input type="checkbox"/> School counselor | <input type="checkbox"/> Occupational therapist | <input type="checkbox"/> BCBA |
| <input type="checkbox"/> Speech and language pathologist | <input type="checkbox"/> Other: _____ | |

Special dietary needs/accommodations:

- | | | |
|--|---------------------------------------|--------------------------------------|
| <input type="checkbox"/> Vegetarian | <input type="checkbox"/> Vegan | <input type="checkbox"/> Gluten free |
| <input type="checkbox"/> Gluten free and vegan | <input type="checkbox"/> Other: _____ | |

Complete and mail this registration form to:

Sussex Consortium
Attention: Most at the Coast Committee
820 Savannah Road
Lewes, DE 19958

Make checks payable to:

Sussex Consortium
*Please include 'Most at the Coast'
in the memo line.*

Available Accommodations

Hotel Rodney
142 2nd Street
Lewes, DE 19958
(302) 645 – 6466

Hotel Blue
110 Anglers Road
Lewes, DE 19958
(302) 645 – 4880

Inn at Canal Square
122 West Market Street
Lewes, DE 19958
(302) 644 – 3377

The Beacon Motel
514 East Savannah Road
Lewes, DE 19958
(302) 645 – 4888

Dogfish Inn
105 Savannah Road
Lewes, DE 19958
(302) 644 -8292

Sleep Inn
18451 Coastal Highway
Lewes, DE 19958
(302) 645 – 6464

Heritage Inn
34521 Postal Lane
Lewes, DE 19958
(302) 644 – 0600

Nearby Restaurants

Irish Eyes Pub and Restaurant
213 Anglers Road
Lewes, DE 19958
(302) 645 – 6888

Rose and Crown
142 2nd Street
Lewes, DE 19958
(302) 827 - 4475

The Buttery
102 2nd Street
Lewes, DE 19958
(302) 645 – 7755

Striper Bites
107 Savannah Road
Lewes, DE 19958
(302) 645 – 4657

Half Full
113 West Market Street
Lewes, DE 19958
(302) 645 – 8877

Agave Mexican Restaurant
137 2nd Street
Lewes, DE 19958
(302) 645 – 1232

Kindle
111 Bank Street
Lewes, DE 19958
(302) 645 - 7887

The Most at the Coast Conference is proudly supported by



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MARYLAND ASSOCIATION FOR BEHAVIOR ANALYSIS

